RTC Group plc ("RTC", the "Company" or the "Group")

Grant of Share Options

RTC announces the grant of share options ("Options") over a total of 402,500 existing ordinary shares of one penny each in the Company ("Ordinary Shares") to members of the Group's Board. The Ordinary Shares over which the Options have been granted are held in the Group's Employee Benefit Trust. The Options were granted under the Company's Long-Term Incentive Plan ("LTIP") on 17 March 2016 as follows:

Name	Position	No. of Options granted	Total no. of Options now held	% of issued share capital
B Douie	Executive Chairman	50,000	153,572	1.07%
A Pendlebury	Group Chief Executive Officer	225,000	458,572	3.20%
S Dye	Group Finance Director	127,500	410,358	2.86%
		402,500	1,022,502	7.13%

The exercise of the Options is subject to the achievement of the performance conditions set out within the LTIP.

The exercise price of the Options is nil pence per share. The market price at date of grant, which equates to the closing middle market price of an Ordinary Share as at the close of business on 16 March 2016, is 80p. Subject to the achievement of performance conditions as indicated above, the options can be exercised at any time from 17 March 2019 to 17 March 2026.

ENDS

Enquiries:

RTC Group plc

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About RTC

RTC has three principal trading subsidiaries engaged in the recruitment of human capital resources and the provision of managed services.

ATA is one of the UK's leading engineering and technical recruitment consultancies. Supplying white and blue collar engineering and technical staff to a broad range of SME clients and vertical markets.

Ganymede is focussed on the supply and operation of blue collar contingent labour into safety critical markets.

Global Staffing Solutions predominantly provides managed service solutions for international clients.

www.rtcgroupplc.co.uk