Dissemination of a Regulatory Announcement that contains inside information according to REGULATION (EU) No 596/2014 (MAR)

RTC Group plc

("RTC" or the "Group")

Trading update and notice of results

The Board of RTC is pleased to provide a positive trading update for its financial year ended 31 December 2018, advising that it is trading in line with current market expectations.

The Company expects to announce its preliminary results on or around 25 February 2019.

Bill Douie, Chairman, said:

"The continued growth of Group revenue and profits and improvement in net debt position is extremely pleasing and encouraging, especially in light of the uncertainty surrounding the UK economy.

I believe our results are a clear endorsement of the strategic path being followed by the Group and I remain cautiously confident in our ability to deliver continued growth across all areas of our business."

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About RTC

RTC has three principal trading subsidiaries engaged in the recruitment of human capital resources and the provision of managed services.

ATA is one of the UK's leading engineering and technical recruitment consultancies. Supplying white and blue collar engineering and technical staff to a broad range of SME clients and vertical markets.

Ganymede is focussed on the supply and operation of blue collar contingent labour into safety critical markets.

Global Staffing Solutions predominantly provides managed service solutions for international clients. www.rtcgroupplc.co.uk